



\* The following information on this form will help me get to know you. Please try to fill out as much as you are comfortable disclosing.

### MEDICAL/PHYSICAL HEALTH HISTORY

Please explain any current medical problems, symptoms, or illnesses: \_\_\_\_\_

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#### Current Medications:

Name	Dosage	Purpose	Name of Prescribing Physician

Previous medical hospitalizations, surgeries, illnesses or injuries (please include approximate dates):

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Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Briefly describe your nutritional and exercise/physical activity patterns:

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How many hours of sleep do you get per night (on average)? \_\_\_\_\_

Describe any persistent problems with sleep (falling asleep, staying asleep, waking too early, etc.): \_\_\_\_\_

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Do you smoke or use tobacco? YES NO If YES, how much per day? \_\_\_\_\_

Do you consume caffeine? YES NO If YES, how much per day? \_\_\_\_\_

Do you drink alcohol? YES NO If YES, how much per day? \_\_\_\_\_

Do you use any non-prescription, recreational or club drugs? YES NO

If YES, what kinds and how often? \_\_\_\_\_

Have you experimented with or regularly used any recreational substances in the past? YES NO

If YES, what kinds and how often? \_\_\_\_\_

Have any of your friends or family members voiced concern about your substance use? YES NO

Have you ever been in trouble or in risky situations due to your substance use? YES NO

If YES, please describe:

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Have you ever had problems with addiction to prescription medications/painkillers or have you routinely needed to take more than prescribed to manage pain? YES NO

If YES, please describe:

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Have you ever met with a psychiatrist, psychologist, or other mental health professional? YES NO

If YES, please list approximate dates and reasons:

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Previous inpatient psychiatric hospitalizations (please include approximate dates and reasons):

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Please briefly describe any history of abuse (physical, sexual or emotional), neglect and/or trauma:

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**FAMILY**

Are your parents still married to each other/together? YES NO

If NO, how old were you when they divorced or when the relationship ended? \_\_\_\_\_

What effect did this have on you? \_\_\_\_\_

Are either of your parents deceased? \_\_\_\_\_

How would you describe your relationship with your parents? \_\_\_\_\_

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Name any other significant caregivers you had: \_\_\_\_\_

Please list your siblings' names and ages:

\_\_\_\_\_

How would you describe your relationship(s) with your sibling(s)? \_\_\_\_\_

Do you have any concerns about discussing assisted reproduction treatments with family, friends, or with the child born from that treatment? \_\_\_\_\_

**RELATIONSHIPS, SOCIAL SUPPORT & SELF-CARE**

I identify my gender as: \_\_\_\_\_ Preferred pronoun(s): \_\_\_\_\_

Sexual Orientation/Identity: Heterosexual \_\_\_\_ Lesbian \_\_\_\_ Gay \_\_\_\_ Bisexual \_\_\_\_ Queer \_\_\_\_

Questioning \_\_\_\_ Asexual \_\_\_\_ Polyamorous \_\_\_\_ Other \_\_\_\_\_

Married/Long-term Partnered? YES NO For how long? \_\_\_\_\_

Previously Married/Life-Partnered? YES NO For how long? \_\_\_\_\_

Currently in a relationship? YES NO For how long? \_\_\_\_\_

Name of Spouse/Partner/Girlfriend/Boyfriend: \_\_\_\_\_

Relationship Satisfaction: 

	Poor					Excellent	
	1	2	3	4	5	6	7

Do you have children? YES NO If YES, please list their names and ages: \_\_\_\_\_

Describe any concerns about your children: \_\_\_\_\_

List the names and ages of any others living in your household:

Please name any significant friends or close confidants: \_\_\_\_\_

Current level of satisfaction with your social support/friends: 

	Poor							Excellent
	1	2	3	4	5	6	7	

Please briefly describe how you cope with stress and recharge yourself:

Do you have a cultural, national, ethnic or religious heritage that is important to you? YES NO

If YES, please describe:

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**EARLY LIFE, EDUCATION & CAREER**

Where did you grow up? \_\_\_\_\_

How long have you lived in Atlanta? \_\_\_\_\_

High School/GED \_\_\_ Vocational Degree \_\_\_\_ College Degree \_\_\_\_ Graduate Degree (or Higher)\_\_\_\_

Name of College, University and/or Vocational School: \_\_\_\_\_

Type of degree: \_\_\_\_\_ Major: \_\_\_\_\_

What is your current employment status/job title? \_\_\_\_\_

Current level of satisfaction with your employment situation: 

Poor							Excellent
1	2	3	4	5	6	7	

Any past career positions that you feel are relevant: \_\_\_\_\_

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What do you consider to be your greatest strengths?

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Additional information you would like to include: \_\_\_\_\_

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**PLEASE CHECK ALL THAT APPLY & CIRCLE YOUR MAIN CONCERN(S):**

Difficulty with	Now	Past		Difficulty with	Now	Past		Difficulty with	Now	Past
Anxiety				People in General				Abdominal Distress		
Depression				Parents				Fainting		
Anger or Temper				Children				Dizziness		
Panic				Marriage/Partnership				Diarrhea		
Fears				Friend(s)				Shortness of Breath		
Irritability				Co-Worker(s)				Chest Pain		
Concentration				Employer				Lump in Throat		
Headaches				Finances				Sweating		
Memory Loss				Legal Problems				Heart Palpitations		
Excessive Worry				Sexual Concerns				Muscle Tension		
Trusting Others				Hx of Child Abuse				Pain in Joints		
Communication				Hx of Sexual Abuse				Allergies		
Drugs				Domestic Violence				Making Careless Mistakes		
Alcohol				Thoughts of Self Harm				Frequent Fidgeting		
Caffeine				Thoughts of Hurting Others				Speaking without Thinking		
Frequent Vomiting				Self Harm				Patience		
Eating Problems				Thoughts of Suicide				Paying Attention		
Severe Weight Gain				Sleeping too much				Easily Distracted		
Severe Weight Loss				Sleeping too little				Hyperactivity		
Blackouts				Getting sleep				Chills or Hot Flashes		
Feeling Manic				Waking too early				Completing Tasks		
Head Injury				Nightmares				Nausea		

**Family History of** (check all that apply):

Drug/Alcohol Problems \_\_\_ Physical Abuse \_\_\_ Depression \_\_\_ Legal Trouble \_\_\_ Anxiety \_\_\_  
 Sexual Abuse \_\_\_ Domestic Violence \_\_\_ Hyperactivity \_\_\_ Psychiatric Hospitalization \_\_\_  
 Suicide \_\_\_ Learning Disabilities \_\_\_ "Nervous Breakdown" \_\_\_